

**Book Group.** Our book group meets the 4th Monday of each month at 10:30 a.m. in Room 338. Join us on October 25 as we discuss *South of Broad* by Pat Conroy. All are invited. For more information, contact Jan Johnson at 753-0431 or [jshjohnson@gmail.com](mailto:jshjohnson@gmail.com).

**Health and Wellness Speaker.** The Health and Wellness Ministry Team is proud to welcome Dr. A. Jay Cohen as our guest speaker on Sunday, October 31 at 9:45 a.m. in the Mike Wilson Fellowship Hall. He is an endocrinologist at the Endocrine Clinic and his topic is “Osteoporosis—it’s not just a Woman’s Disease.” All are welcomed to attend.

**CPR Classes.** A CPR class will offered at GUMC on Friday, November 5, from 8 a.m.-12 noon in Room 136 behind the Fellowship Hall. The cost of the class is \$55 and you will receive the American Heart Association certification upon completion. The course will again be taught by Angie Printup of CPR-TO-GO. For more information, contact Beverly Rhoads at 754-7216, ext. 107, or [brhoads@germantownumc.org](mailto:brhoads@germantownumc.org).

**Faith & Health: Making the Connection.** Best-selling author and award-winning journalist William C. Moyers will speak about addiction and recovery at *Faith & Health: Making the Connection*, a free community worship service, at 7 p.m. October 13 at St. John’s United Methodist Church, 1207 Peabody Ave. Moyers will also be the keynote luncheon speaker at a daylong Clergy and Congregational Leaders Conference on October 14 at Church Health Center Wellness, 1115 Union Ave. Register online at [www.churchcealthcenter.org](http://www.churchcealthcenter.org) or call 261-8733.

## Men’s Ministries

**The United Methodist Men** will meet at 8 a.m. on Saturday, October 9 at the Piccadilly Restaurant on Exeter Rd. Our featured speaker will be Glen Mullins of the Midsouth Eyebank. All men are invited and encouraged to attend. A buffet breakfast is available for \$7.00.

**Sonrise Prayer Group.** The Men’s Sonrise Prayer group invites all men to join them in a powerful study of James Moore’s book *Have you ever seen a Hearse Pulling a Trailer*. Each week we will be studying key passages of scripture with deep religious themes. The study is held on Tuesday mornings from 6:30 a.m.-7:15 a.m. in room 339. For more information call Bryan Barger, 752-0522, John Phillips, 756-5434 or visit [www.gumcsonrise.shutterfly.com](http://www.gumcsonrise.shutterfly.com).

## Older Adults

*These events are for everyone—singles and couples. Our activities are open to anyone age 55 and older regardless of church membership*

**Senior News—XYZs November Event!** Enjoy art and good food with us when we tour *Objects of Wonder: Four Centuries of Still Life* at The Dixon Gallery & Gardens and eat lunch at Dan McGuinness Pub on Tuesday, November 16. We depart at 9:15 a.m., and the cost is \$5 per person plus lunch on your own. Call Luci Cromer, 755-0803, Louise McGhee, 755-3463, or Gretchen Blair, 755-0797, to make reservations before Tuesday, October 19.

### Senior News—AARP 55 Alive Driver Safety Program Class!

GUMC and AARP will present the “55 Alive Driver Safety Program,” an instructional defensive driving course for people age 55+ on Monday and Tuesday, October 18-19, from 9-11 a.m. The class will meet in Room 339 (Fellowship Forum classroom) in the Ministry Center, and the cost is \$12 for AARP members (\$14 for non-members) payable to AARP. Successful completion entitles participants to a discount on their auto insurance premiums for three years. Call Geoff Pratt at 755-4091 to register. This class will be closed at 28 participants, so sign up soon.

**Senior News—November Brown Bag Lunch Series!** Jimmy Ogle, Memphis history expert, will present “Memphis in the 1900’s.” This presentation will be Friday, November 5, in the Fellowship Hall. The program starts at 11 a.m. with lunch at noon. Bring your own sack lunch; the church will supply the beverages. Call Luci Cromer, 755-0803, for more information. No reservations are needed. *There will be a crossing guard on West Street to help with overflow parking.*

## Congregational Care

Rev. Steve Atkins, 754-7216, [satkins@germantownumc.org](mailto:satkins@germantownumc.org)  
Beverly Rhoads, 754-7216, [brhoads@germantownumc.org](mailto:brhoads@germantownumc.org)

**FORWARD**, a grief support program for those who have experienced the loss of a spouse will be held on Thursday evenings through November 11 at Germantown UMC. Share experiences, learn from professional counselors, and make new friends. Register at [germantownumc.org](http://germantownumc.org) or call Laura Meanwell at 754-7216.

## Health and Recreation

Carissa Algea, Director, 753-3100, [calgea@germantownumc.org](mailto:calgea@germantownumc.org)  
Patrick Peavy, Sports, 753-3100, [ppeavy@germantownumc.org](mailto:ppeavy@germantownumc.org)  
Erica Puryear, Nursery, 753-3100, [epuryear@germantownumc.org](mailto:epuryear@germantownumc.org)

### Owings Life Enrichment Center (OLEC)

2323 West Street • 901-753-3100

Hours: Monday-Thursday 6:30 a.m.-9:00 p.m.;

Fridays 6:30 a.m.-5:00 p.m.; Saturdays 8:00 a.m.-12:00 noon

*Nursery Available:* Monday-Friday 9:00 a.m.-12:00 noon

**A.M. Bootcamp.** This class now meets on Monday, Wednesday and Friday from 6:30-7:00 a.m. for a “power half hour” that will start your day right. Contact Todd Hinton, personal trainer, at 488-2845 to join the class.

**Performance Dance Class for Girls ages 8-12.** Carissa will teach basic performance techniques and simple dance steps to various Broadway and Christmas songs. At Christmas time, the girls will gain experience and spread cheer by performing in an OLEC recital and at a few community locations. This class will meet on Tuesdays from 5:00-5:50 p.m., beginning October 5 and running through December 7.

**Children’s Basketball Season.** Registration is now underway and ends when teams have reached capacity. The fee is \$70. Pick up a form at the Information Center or register online at [germantownumc.org](http://germantownumc.org). Practices begin on November 1 and the games will begin in December.

**September OLEC Special.** Purchase a 10-class punch card during September and receive one FREE Zumba class!

## Student Ministries

Alison Bocking, 758-6508, [abocking@germantownumc.org](mailto:abocking@germantownumc.org)  
Jason Baker, 758-6515, [jbaker@germantownumc.org](mailto:jbaker@germantownumc.org)

**Element**, our version of United Methodist Youth Fellowship, meets on Sunday nights from 6-8 p.m. Join us today for Edwin’s Way 5K! The race begins at Nashoba Park at 4 p.m. If you can’t make it to the race, join us for the post-race celebration at the OLEC with dinner catered by The Commissary and live music by Work Release. Dinner is \$3. Come join the celebration!

**TREK**, our new Sunday School for youth is offered at 9:40 and 11:00 a.m. We're located in the lower level below the chapel. Join us on the trail as we pursue the heights, depths and widths of God's love!

- Mid-High Outpost-7-8th Grades (Room 131)
- Sr. High Outpost-9-12th Grades (Room 133A)

Get connected and join a small group! Synergy and Synago are underway! To learn more about connecting to a small group, visit our website at [germantownstudents.org](http://germantownstudents.org).

## Children's Ministries

Lauren Boswell, 758-6512, [lboswell@germantownumc.org](mailto:lboswell@germantownumc.org)  
Janelle Crist, 758-6525, [jcrist@germantownumc.org](mailto:jcrist@germantownumc.org)

**Elementary Grace Place.** Grace Place is the Sunday School program for children in senior kindergarten through 5th grade, offered from 9:40-10:40 or 11:00-12:00. All children gather in the Chapel for assembly, then proceed to classrooms by grade level groups for experiential learning. This Sunday we begin a new 6-week rotation theme, "Making Good Choices: Jonah."

**Stop Hunger Now: Operation Sharehouse Meal Packing.** Did you know that for as little as 25 cents, a bag filled with rice, soy, and dried vegetables can feed a family? What can you get for 25 cents? Over the next six weeks, the children of Grace Place are bringing in quarters to feed the hungry. A collection will be taken during chapel opening. A church-wide donation drive will follow in the coming months to raise money for GUMC's Operation Sharehouse Meal Packing Event to be held January 17 at the OLEC. This will be a family-oriented mission event on MLK day, in which all ages can participate in packaging up to 100,000 meal packets to be sent to underdeveloped countries. Contact Janelle Crist at [jcrist@germantownumc.org](mailto:jcrist@germantownumc.org).

**Art Classes and Workshops for Kids!** Space is available in "Fearsome Fauve Forests," a trip through the colorful world of Matisse (October 15); and "One Dark and Enchanted Evening" (October 16). Adult painting classes, pony and art camps, and many more workshops for kids are available. Contact Melissa Cychowski at [ecychowski@comcast.net](mailto:ecychowski@comcast.net) us to get on our e-mail list, for more information, or to register.

## Missions

Rev. Deborah Smith, 754-7216, [dsmith@germantownumc.org](mailto:dsmith@germantownumc.org)

**You Have the Opportunity to Save Christmas!** Alternative Christmas that is. The Missions Committee needs someone to take the leadership role in organizing the annual Alternative Christmas sale. If you are interested, contact John Phillips at 263-5720 or 756-5434.

**A Snowy Day in October?** You bet! On the morning of Thursday, October 7, GUMC volunteers will read and engage Pre-K- 2nd grade students at Caldwell-Guthrie Elementary with the classic book *The Snowy Day*. Reading aloud with young children lays the groundwork for strong literacy skills and future success in school and in life. For those who want to be involved in the Urban Haven Project but just can't make a weekly commitment, this is your chance! We need 30 volunteers to read to the children and help with a classroom activity. To volunteer or learn more about this or other one-day events in October, contact Ruth King at [ruthmking@bellsouth.net](mailto:ruthmking@bellsouth.net) or 757-1380.

**Germantown United Methodist Church**  
**2331 S. Germantown Rd. 38138**  
**901-754-7216 • [germantownumc.org](http://germantownumc.org)**



October 3, 2010

## Announcements

*Thank you* to the over 300 people who have registered for Edwin's Way 5K. Registered participants may pick up their t shirts and race packets in the Fellowship Hall today or at Nashoba Park beginning at 3 p.m.

**Support our Cub Scouts in Pack 64.** They will be selling popcorn in the Fellowship Hall today, October 3, from 9:00-11:30 a.m. Be sure to stop by and see the new varieties!

**Lakeshore Night at Jason's Deli.** On October 28, from 5-9 p.m., all are invited to "Lakeshore Night" at Jason's Deli located at 3473 Poplar Ave. Lakeshore will receive 10% of the profits for all of the items sold during the designated time. Lakeshore is a camp and retreat center sponsored by the Memphis Conference of the United Methodist Church.

**Flu and Pneumonia Vaccines Available.** Methodist Healthcare will be administering flu and pneumonia vaccines to our congregation on October 27. A nurse will be in thebMike Wilson Fellowship Hall between 8:30 a.m.-12 noon, and again from 5-8 p.m. The flu vaccine will provide protection for the H1N1 flu as well as other strains. Please call Valerie Foster at 754-7216 to sign up for your vaccine. The cost for the flu vaccine is \$20 and the pneumonia vaccine is \$50. (The Pneumonia vaccine is only needed every 5 years.) Medicare Part B will pay for the cost of the vaccine—just have your information available when you arrive. For more information, contact Beverly Rhoads at 754-7216, ext. 107, or [brhoads@germantownumc.org](mailto:brhoads@germantownumc.org).