

Flu and Pneumonia Vaccines Available. Methodist Healthcare will be administering flu and pneumonia vaccines to our congregation on October 27. A nurse will be in the Mike Wilson Fellowship Hall between 8:30 a.m.-12 noon, and again from 5-8 p.m. The flu vaccine will provide protection for the H1N1 flu as well as other strains. Please call Valerie Foster at 754-7216 to sign up for your vaccine. The cost for the flu vaccine is \$20 and the pneumonia vaccine is \$50. (The Pneumonia vaccine is only needed every 5 years.) Medicare Part B will pay for the cost of the vaccine—just have your information available when you arrive. For more information, contact Beverly Rhoads at 754-7216, ext. 107, or brhoads@germantownumc.org.

Book Group. Our book group meets the 4th Monday of each month at 10:30 a.m. in Room 338. Join us on October 25 as we discuss *South of Broad* by Pat Conroy. All are invited. For more information, contact Jan Johnson at 753-0431 or jshjohnson@gmail.com.

Health and Wellness Speaker. The Health and Wellness Ministry Team is proud to welcome Dr. A. Jay Cohen as our guest speaker on Sunday, October 31 at 9:45 a.m. in the Fellowship Hall. He is an endocrinologist at the Endocrine Clinic and his topic is “Osteoporosis—it’s not just a Woman’s Disease.” All are welcomed to attend.

CPR Classes. A CPR class will offered at Germantown UMC on Friday, November 5, from 8 a.m.-12 noon in Room 136 behind the Fellowship Hall. The cost of the class is \$55 and you will receive the American Heart Association certification upon completion. The course will again be taught by Angie Printup of CPR-TO-GO. For more information, contact Beverly Rhoads at 754-7216, ext. 107, or brhoads@germantownumc.org.

United Methodist Women

UMW Planning Potluck, Tuesday, October 12, 11:30-1:00 in the Mike Wilson Fellowship Hall. The Germantown UMW Board wants to hear from YOU! Help plan programming for 2011. Learn about ongoing missions. View our local and district UMW calendars and see how you can be more involved! Bring your favorite covered dish to share. We need to know if you’re coming, so kindly make your reservation at germantownumc.org or call 754-7216 and ask for the UMW mailbox (305). We will also honor new babies! New baby information should be sent to Carole Turner, carolewturner@hotmail.com.

Men’s Ministries

Sonrise Prayer Group. The Men’s Sonrise Prayer group invites all men to join them in a powerful study of James Moore’s book *Have you ever seen a Hearse Pulling a Trailer*. Each week we will be studying key passages of scripture with deep religious themes. The study is held on Tuesday mornings from 6:30 a.m.-7:15 a.m. in room 339. For more information call Bryan Barger, 752-0522, John Phillips, 756-5434 or visit www.gumcsonrise.shutterfly.com.

Older Adults

These events are for everyone—singles and couples. Our activities are open to anyone age 55 and older regardless of church membership

Senior News—XYZs November Event. Enjoy art and good food with us when we tour *Objects of Wonder: Four Centuries of Still Life* at The Dixon Gallery & Gardens and eat lunch at Dan McGuinness Pub on Tuesday, November 16. We depart at 9:15 a.m., and the cost is \$5 per person plus lunch on your own. Call Luci Cromer, 755-0803, Louise McGhee, 755-3463, or Gretchen Blair, 755-0797, to make reservations before Tuesday, October 19.

See you at the Germantown Senior Expo. Plan on spending an hour or two at the Senior Expo. There will be FREE health screenings, informational booths, demonstrations, great door prizes, and free refreshments. There are both corporate and non-profit exhibitors, and more than 1,500 guests come each year. Be sure to visit Booth #7, our church booth.

WHERE: Germantown Athletic Club, at Neshoba and Exeter

WHEN: Thursday, November 4, 2010, 9 a.m.-3 p.m.

COST: FREE admission—wear comfortable shoes. There will be a lot of booths.

Senior News—AARP 55 Alive Driver Safety Program Class!

GUMC and AARP will present the “55 Alive Driver Safety Program,” an instructional defensive driving course for people age 55+ on Monday and Tuesday, October 18-19, from 9 a.m.-1 p.m. The class will meet in Room 339 (Fellowship Forum classroom) in the Ministry Center, and the cost is \$12 for AARP members (\$14 for non-members) payable to AARP. Successful completion entitles participants to a discount on their auto insurance premiums for three years. Call Geoff Pratt at 755-4091 to register. This class will be closed at 28 participants, so sign up soon.

Senior News—November Brown Bag Lunch Series! Jimmy Ogle, Memphis history expert, will present “Memphis in the 1900’s.” This presentation will be Friday, November 5, in the Fellowship Hall. The program starts at 11 a.m. with lunch at noon. Bring your own sack lunch; the church will supply the beverages. Call Luci Cromer, 755-0803, for more information. No reservations are needed. *There will be a crossing guard on West Street to help with overflow parking.*

Health and Recreation

Carissa Algea, Director, 753-3100, calgea@germantownumc.org

Patrick Peavy, Sports, 753-3100, ppeavy@germantownumc.org

Erica Puryear, Nursery, 753-3100, epuryear@germantownumc.org

Owings Life Enrichment Center (OLEC)

2323 West Street • 901-753-3100

Hours: Monday-Thursday 6:30 a.m.-9:00 p.m.;

Fridays 6:30 a.m.-5:00 p.m.; Saturdays 8:00 a.m.-12:00 noon

Nursery Available: Monday-Friday 9:00 a.m.-12:00 noon

October 30 Zumba Party. Mark your calendars for a special workout on Saturday, October 30, from 9:30-11:30 a.m. Our very own Zumba teachers and Zumba Gold teacher will be joining forces on this special day. Plus, Carissa Algea will teach the Thriller dance and there will be a costume contest, a raffle, and plenty of fun! This event will take place in the Mike Wilson Fellowship Hall and childcare is free.

October OLEC Special. All hour-long Swedish massages are only \$45 in honor of breast cancer awareness and national massage therapy month! Call Carol Panasuk, LMT, at 292-5913 to book your service.

Children’s Basketball Season. Registration is still underway and ends on October 17 or when teams have reached capacity. The fee is \$70 and it is first-come, first-serve. Pick up a form at the Information Center or register online at germantownumc.org. Practices begin on November 1 and the games will begin in December.

Missions

Rev. Deborah Smith, 754-7216, dsmith@germantownumc.org

You Have the Opportunity to Save Christmas! Alternative Christmas that is. The Missions Committee needs someone to take the leadership role in organizing the annual Alternative Christmas sale. If you are interested, call John Phillips at 263-5720 or 756-5434.

Student Ministries

Alison Bocking, 758-6508, abocking@germantownumc.org
Jason Baker, 758-6515, jbaker@germantownumc.org

Element, our version of United Methodist Youth Fellowship, meets on Sunday nights from 6-8 p.m. A snack supper is available for \$3. Join us tonight for "How to Help Your Hurting Friend." Our very own Christina Burns, LPC/MHSP from our counseling staff will offer practical advice on how we can guide our friends during tough times.

Destination X-Sunday, October 31. Visit germantownumc.org to reserve your spot! Where are we going? You won't know! Just dress in NEON from head to toe! You'll need ten bucks to board the bus. First you gotta sign-up online, so don't make a fuss. We'll meet at 6 p.m. and be back by 9 p.m. At the end of the night, you'll be feeling fine!

Children's Ministries

Lauren Boswell, 758-6512, lboswell@germantownumc.org
Janelle Crist, 758-6525, jcrist@germantownumc.org

Elementary Grace Place. Grace Place is the Sunday School program for children in senior kindergarten through 5th grade, offered from 9:40-10:40 or 11:00-12:00. All children gather in the Chapel for assembly, then proceed to classrooms by grade level groups for experiential learning. This Sunday we continue our 6-week rotation theme, "Making Good Choices: Jonah."

Stop Hunger Now: Operation Sharehouse Meal Packing. Did you know that for as little as 25 cents, a bag filled with rice, soy, and dried vegetables can feed a family? What can you get for 25 cents? Over the next six weeks, the children of Grace Place are bringing in quarters to feed the hungry. A collection will be taken during chapel opening. A church-wide donation drive will follow in the coming months to raise money for GUMC's Operation Sharehouse Meal Packing Event to be held January 17 at the OLEC. This will be a family-oriented mission event on MLK day, in which all ages can participate in packaging up to 100,000 meal packets to be sent to underdeveloped countries. Start saving your quarters!

Art Classes and Workshops for Kids! Space is available in "Fearsome Fauve Forests," a trip through the colorful world of Matisse (October 15); and "One Dark and Enchanted Evening" (October 16). Adult painting classes, pony and art camps, and many more workshops for kids are available. Contact Melissa Cychowski at ecychowski@comcast.net us for more information, or to register.

Staff News



Jackie Lewis Retires. Jackie Lewis, Administrative Assistant to Senior Pastor Rick Kirchoff, has retired after nearly 12 years of service to Germantown UMC. She hopes to spend more time with family and pursue her many hobbies and interests. We thank Jackie for her years of dedicated service and wish her the very best in retirement and in all endeavors.



Welcome! Germantown UMC welcomes Renee Pearl to our church staff in the role of Clergy Support Administrative Assistant. Renee will provide administrative support to Rev. Rick Kirchoff, Rev. Rebecca Luter, and Rev. Deborah Smith. Renee's extension is 121 and her email address is rpearl@germantownumc.org. Renee brings a strong background in personal and administrative support work. Please join us in welcoming Renee to her new role!

Germantown United Methodist Church
2331 South Germantown Rd. 38138
901-754-7216 • germantownumc.org



October 10, 2010

Announcements

The First Annual Edwin's Way 5K was a big success! Thank you to the over 400 people who registered, to the sponsors, and to the volunteers who made the event run smoothly. We raised almost \$10,000 for the Germantown UMC Youth Worship Arts.

Fall Festival. Our annual Fall Festival will be held Saturday, October 30, from 5-7 p.m. at the Owings Life Enrichment Center. Families and kids of all ages can enjoy games, crafts, treats, music, treat walk, inflatables, face painting and more! PLUS, we're having a Pumpkin Contest! Bring a carved/decorated pumpkin to enter to win a Kroger \$25 gift card! (1 entry per family. Drop off by 5:30 p.m. and votes will be counted at 6:30. You don't have to be present to win.) Hot dogs and hamburgers will be sold to benefit Habitat for Humanity. Please consider bringing a non-perishable item to donate to the food pantry at First Works. Dress up in your favorite non-scary costume and come join the fun!

Lakeshore Night at Jason's Deli. On October 28, from 5-9 p.m., all are invited to "Lakeshore Night" at Jason's Deli located at 3473 Poplar Ave. Lakeshore will receive 10% of the profits for all of the items sold during the designated time. Lakeshore is a camp and retreat center sponsored by the Memphis Conference of the United Methodist Church.

Faith & Health: Making the Connection. Best-selling author and award-winning journalist William C. Moyers will speak about addiction and recovery at *Faith & Health: Making the Connection*, a free community worship service, at 7 p.m. October 13 at St. John's United Methodist Church, 1207 Peabody Ave. Moyers will also be the keynote luncheon speaker at a daylong Clergy and Congregational Leaders Conference on October 14 at Church Health Center Wellness. Register online at www.churchhealthcenter.org or call 261-8733.