

CPR Classes. A CPR class will offered on Friday, October 14, from 8:30 a.m.-12:30 p.m. in Room 136 behind the Fellowship Hall. The cost of the class is \$55 and you will receive the American Heart Association certification upon completion. The course will again be taught by Angie Printup of CPR-TO-GO. Please contact Beverly Rhoads for more information at 754-7216, ext. 107, or brhoads@germantownumc.org.

Health & Recreation Ministries

(Owings Life Enrichment Center or OLEC)

Tiffany Griffin, 753-3100, tgriffin@germantownumc.org
Patrick Peavy (sports), 753-3100, ppeavy@germantownumc.org

- AFTERNOON Very, Very Very Beginner Boot Camp – Tuesday/Thursday at 3:00 p.m.
- Pedal and Pump – Tuesday (new)/Thursday at 9:30 a.m.
- 20/20/20 – Wednesday and Friday at 9:30 a.m. Come try it; your first time is FREE!
- Zumba Gold – Friday at 11:30 a.m.
- Ro-Ken Karate – Tuesday nights from 7-8:30 p.m. Call for information.

Fall Dance Classes started last week at the OLEC. Contact Gracie Leetham at 753-3100 or gleetham@germantownumc.org or Mary Ann at 428-0002.

Massage Therapy Back to School Special through September 30! The kids are back in school and it's been a long summer! Call Carol Panasuk at 292-5913 to make an appointment. Gift certificates are also available.

2011 Basketball. Registration for the K-12 season starts September 19 and ends October 19. Practices are held in the OLEC gym and games are played in local churches. Kindergarten (co-ed) basketball begins in January and games are played Sunday afternoons. The 1st-12th grade teams are divided by gender and play on Saturdays starting December 3. The fee to play is \$70. All teams play 8 games. Online registration ONLY.

MWF 6:30 A.M. Conditioning Course is a 30-minute class. First class is free! Cost is \$90/6 week session. Call Todd Hinton at 488-2845 or email him at thinton2@comcast.net. Join anytime and get prorated rate.

The Tighten and Tone Class is led by Ronda McCain on Wednesdays from 8:15-9:15 a.m. Work every major muscle group in your body using a variety of resistance equipment.

Senior Fitness Class led by Melissa Olson (Tuesdays and Thursdays from 11:30 a.m-12:30 p.m.). Get a great workout that is designed specifically for senior adults; easy on the joints and is therapeutic and helpful for those with joint pain, arthritis, fibromyalgia, and other joint-related disparities.

For a complete list of classes check out Health and Recreation Ministries at germantownumc.org.

Older Adults

These events are for everyone—singles and couples. Our activities are open to anyone age 55 and older regardless of church membership

Senior News—October Brown Bag Lunch Series. George Bougher, The Brown Hat Man, will teach us about “W. C. Handy and the Memphis Blues” and perform for us. This presentation will be Friday, October 7, in the Fellowship Hall. The program starts at 11 a.m. with lunch at noon. Bring your sack lunch; the church will supply the beverages. Call Luci Cromer, 755-0803, for more information. No reservations needed.

Volunteer With TaxAide. AARP TaxAide provides free tax preparation and counseling for low and moderate income individuals and families with priority to those over 60. Online computer software is used to prepare all tax returns. There are six sites in Shelby County that will be open from February 1-April 15 to provide assistance. Free training is provided. If you might be interesting in serving the community in this fashion, please contact Ron Wiggins at 861-0019 or subcapt@yahoo.com.

Prayer Concerns

A complete list of prayer concerns list is available at the Information Center and outside the sanctuary. To submit a prayer request, call Linda Terrell at 754-7216 or email lterrell@germantownumc.org.

In the event of an after-hours emergency, pastoral help is available. Call our Emergency Pastoral Care number at 901-412-5776.

Births

Margaret Melissa Witt (Maggie), daughter of Randy and Melissa Tate Witt, August 28

In Deepest Sympathy

Virginia Hefley, mother of Keith Hefley, September 7

Mary Ann Norman, mother of Lisa Gamble, September 3

Marvin Ray, husband of Nellie Ray, September 3.

Tempe James Lawrence, daughter of Tempe James Chancellor, September 1

Dr. Omer Bradsher, brother-in-law of Bob and Gerry Howerton, August 23

Home from Hospital or Care Facility

Dick Benson

Congregational Concerns

Mary Carpenter, Casey Casteel, Kimberly Jessop, Elizabeth Johnson, Camille (Bobby) McNeely, Saja Mason, Susan Nicholas, Joe Penn, Fred Smith, Terri-Lyn Smith, Damian Stock, Myra Thomas, and Kalyn Underwood



MINISTRY EVENTS

Germantown United Methodist Church

September 11, 2011

Announcements

Adult Bible Study and Small Group Opportunities. We have several Bible studies and other small group studies that are getting underway. There is something for all interests and schedules: Six Bible studies, two early morning groups, and several others addressing life issues and relationships. Five classes are offered on Wednesday evenings after our great Family Night Dinners, but there are also six daytime groups, two on Tuesday evening, and one on Thursday evening. There will be activities for children and youth on Wednesday nights and child care is provided for most other studies. Decide which one is right for you and your family and call 754-7216 or register at germantownumc.org. Fall Bible Study brochures are available in the narthex and at the Information Center. Not all classes require pre-registration.

Wednesday Family Night Dinners. Make your reservations at germantownumc.org or call 754-7216. (Deadline is each Tuesday at noon.) The cost is \$7 for adults and \$4 for children (ages 4-12); children 3 and younger eat free. Dinner will be served from 5:35-6:25. The Children's Program is 6:15-7:30 p.m., and options for adult study will be offered from 6:25-7:25 p.m. Menu for September 14: Chicken Pot Pie, Broccoli, Baby Carrots, Green Beans, Fruit Salad, Croissants, Chocolate Brownie Trifle or Strawberry Whipped Cake.

Edwin's Way 5K: Sunday, October 2 at 3 p.m. Register online at germantownumc.org. Race participants will enjoy the shady and scenic path provided by the Germantown Greenway, starting and ending in Nashoba Park, with a post-race celebration featuring live music and delicious food samples from area restaurants. This race will promote wellness in our faith community while honoring the memory of our friend, Edwin Smith. Funds raised will benefit youth programming for the worship arts. Put together a group of friends from Sunday School, worship, small groups, neighborhood, or anywhere else! Participants should designate their group name when registering.

Churchwide Family Outing Next Sunday. Everyone is invited to this free picnic at Golf & Games Family Park on Sunday, September 18. Simply come to the private GUMC pavilion from 1-3 p.m. for free wristbands and free hotdogs and drinks served by the Seekers class. Wristbands are good until 6 p.m. for go-karts, Putt-Putt, bumper boats, ropes course, Battlezone, gameroom credits, Lasertron, batting, and children's rides.

Music for the First Day of Autumn. Jim Thrash, our Director of Music, will present a solo piano recital on Friday, September 23, at 7:30 p.m. He will present music by Mozart, Schubert, Respighi, Ravel, and Faure.

Installation of McKendree District Superintendent. On Sunday, September 25, there will be an installation service for Rev. Cynthia Davis at Emmanuel UMC, 2404 Kirby Rd., from 2:30-4:30 p.m. All laity and clergy within the District are invited.

2012 Trip to the Holy Land. Rev Steve Atkins will be leading a 12-day trip to the Holy Land June 6, 2012. There will be an informational meeting on Sunday, September 25, at 2 p.m. in Room 339. For additional information contact Rev. Steve Atkins at 299-2365.

Church Board Meeting. Our next Church Board meeting will be held on Monday, September 26, in the Mike Wilson Fellowship Hall. For more information contact Randy Lewis at rdlewis@fedex.com.

Ushers and Greeters Training. If you are currently an usher or greeter for our Sunday morning services at Germantown UMC, or if you would like to be, please mark your calendars for Sunday, September 25 from 12:15-1:30 p.m. and join us at the Adult Education Building. We will have a light lunch, review ushers' and greeters' responsibilities, evacuation and security plans, and have a time for questions and suggestions. If you are interested in serving as an usher or greeter, you are invited to attend. RSVP for lunch to rpearl@germantownumc.org or call 758-6519.

Children's Ministries

Janelle Crist, 758-6525, jcrist@germantownumc.org
Shelley Haines 758-6512, shaines@germantownumc.org

Elementary Grace Place. Grace Place is the Sunday School program for children in senior kindergarten through 5th grade offered from 9:40-10:40 or 11:00-12:00. All children gather in the Chapel for assembly, then proceed to classrooms by grade level groups for experiential learning. We are continuing our 6-week rotation, "Calling the Disciples." As children rotate weekly through fun stations—Crafts, Games, Science, Snack, Story, and Video—they will learn how Jesus called people to be his followers and how we can be disciples of Jesus today.

Hero Training Camp: The 6-Week Wednesday Night Program began last week! It's not too late to join us for an action-packed journey from hum-drum . . . to HERO! (September 7-October 12 from 6:15-7:30 p.m.) Through games, crafts, science experiments and exciting stories, children will explore the life of David. Register today at germantownumc.org or contact Jessica Webster at jwebster@germantownumc.org.

Missions

Minister to the Homeless. If you've wanted to help the homeless, but were hesitant, or not sure where to start, here's your chance. On Friday, September 16, the Community Alliance for the Homeless is coordinating Memphis' first *Project Homeless Connect*, an initiative that breaks down the barriers that make it difficult for people experiencing homelessness to leave the streets and shelters. This massive, one-day event will be held at the Pipkin Building (Fairgrounds). Each homeless person will be paired with a trained community volunteer. Contact Marian Carruth at mccarruth@aol.com or visit communityallianceforthehomeless.com.

Adults in Ministry: Mountain T.O.P. The fall weekend schedule for Adults in Ministry is set and now is the time to make your reservation. AIM is a wonderful, fulfilling ministry where we replace steps, porches, roofs, windows, etc., for people who need our help and our love in the Cumberland Mountains of Central Tennessee. There are five weekends to choose from in October. A few people from Germantown have made reservations for the October 13 weekend, but you may go any weekend in October. For more information, call Doug Warner at 755-9729.

Music Ministry *Jim Thrash 758-6526, jthrash@germantownumc.org*

Would you like to be an acolyte? If you are in the 4th, 5th, or 6th grade and would like to serve your church as an acolyte, we will be having an acolyte training session on Wednesday, September 21, at 5 p.m. in the sanctuary. This session will be led by Mary Groh. You will need to attend an acolyte training session to be an acolyte and you will need to bring a parent with you to the training session. Fill out the acolyte form available at the Information Center (outside of the Mike Wilson Fellowship Hall), in the space labeled "acolytes." Return completed form to the folder available or bring it with you to the training session.

Children and Youth Choirs:

- Cherub Choir (ages 3 and 4) Begins September 11. (5:00-5:45 p.m.)
- Alleluia Choir (K and 1st grade) Begins September 11. (5:00-6:00 p.m.)
- Gloria Choir (grades 2 and 3) Begins September 11. (5:00-6:00 p.m.)

Student Ministries

Jason Baker, 758-6515, jbaker@germantownumc.org
Lindsay Butler, lbutler@germantownumc.org

Element. Element, our version of United Methodist Youth Fellowship, meets on Sunday nights at the OLEC from 6-8 p.m. A snack supper is available for \$3. Element is back on tonight after the Labor Day holiday! Join us tonight as we continue our series, "Creating Your Life Story."

Synergy/Synago Small Groups. Are you looking to invest a little more time in your faith journey? Are you craving more time with Christian friends outside of Element? If that's you, join us each Wednesday night for our Synergy (6-8 grade) and Synago (9-12 grade) small groups. Synergy meets in the Oasis Youth Lounge from 6:25-7:25 p.m. and Synago meets at the home of Daniel and Whitney Oppenheim (1909 Newfields Rd.) from 7-8:30 p.m. Synergy questions? Contact lbutler@germantownumc.org. Synago questions? Contact jbaker@germantownumc.org.

ACTS Drama Team. ACTS, our youth drama ministry, is in full swing gearing up for the November Improv Show. The team will still be recruiting new members over the next couple of weeks, so it's not too late to sign up. Not called to act? Try your hand at lighting, sound, and stage management on the ACTS team. Questions? Email lbutler@germantownumc.org

Trek 2.0 Kick-Off, September 18. On September 18, our Trek Sunday School program will get a facelift. At each hour, students will have donuts and fruit, and will have the option to participate in a short devotional led by Butler or Jason, or visit the Prayer Chapel where an adult volunteer will lead the students in a time of quiet reflection. Come see what it's all about! Questions? Contact Jason Baker.

Congregational Care

Life Line Health Screening. Do your legs ache after walking a short distance? If so, you may want to consider being screened for peripheral artery disease (PAD), a condition in which the arteries that carry blood to the arms or legs become narrowed or clogged by plaque, slowing or stopping the flow of blood. PAD is closely linked to coronary artery disease, and identifying PAD can also help prevent heart attack and stroke. Life Line Screening will be at Germantown UMC on Thursday, October 20. Register for the Stroke, Vascular Disease and Heart Rhythm Package for \$139. All four ultrasound screenings take 60-90 minutes to complete. Your Health in Your Hands, so call 1-888-653-6441 for more information or to pre-register.

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