

Health & Recreation Ministries

Tiffany Griffin, 753-3100, tgriffin@germantownumc.org

Patrick Peavy (sports), 753-3100, ppeavy@germantownumc.org

Only 3 Days Left for Basketball Registration. GUMC offers basketball for kindergarten-12th grade and registration for the 2011-2012 Basketball Season is almost over! Online registration ends October 19. All practices are held in the OLEC gym and games are played in local churches. Kindergarten teams are co-ed and begin in January. Games are played on Sunday afternoons. 1st-12th grade teams are divided by gender and play on Saturdays starting December 3. The fee to play is \$70. All teams play 8 games. Questions? Contact Patrick Peavy.

October Exercise Class Special. Buy a 10-punch card for \$40 and receive two free passes to one of the following classes: Tighten and Tone, Core Fitness, or Mat Pilates.

The **Tighten and Tone class** is led by Ronda McCain on Wednesdays from 8:15-9:15 a.m. Work every major muscle group in your body using a variety of resistance equipment.

Core Fitness. This Mat Pilates-style class focuses on restoring strength to the abdominal wall. Held Thursday evenings at 7:05 p.m.

In honor of National Massage Therapy Week and Breast Cancer Awareness Month, Carol Panasuk is offering a one-hour massage for \$45 for the week of October 17-21. Appointments are on a first come first serve basis and will be offered for that week only. Please call Carol Panasuk at 292-5913 to schedule your appointment.

Mat Pilates. (Monday/Wednesday 4:45 p.m. and Tuesday/Thursday 8:15 a.m.) Mat Pilates tones you from head to toe. Join us and experience one hour of Swiss ball, resistance bands, hand weights and the Pilates magic ring. Taught by veteran group fitness instructor Paula Hatmaker.

Mary Ann Brand's Dance Classes will not meet the week of October 17-21 due to Shelby County Schools Fall Break.

Older Adults

These events are for everyone—singles and couples. Our activities are open to all adults age 55 and older regardless of church membership

XYZs November Event. Join us as we tour the new Playhouse on the Square complex and eat lunch at the new Jim's Place Memphis on Wednesday, November 16. We depart at 9 a.m., and the cost is \$15 per person. Call Luci Cromer, 755-0803, Louise McGhee, 755-3463, or Gretchen Blair, 755-0797, to make reservations before Wednesday, October 19.

November Brown Bag Lunch Series. Jimmy Ogle, life-long Memphian and Memphis history expert, will take us on a visual tour of "Memphis Memorials." This presentation will be Friday, November 4, in the Fellowship Hall. The program starts at 11 a.m. with lunch at noon. Bring your own sack lunch; the church will supply the beverages. Call Luci Cromer, 755-0803, for more information. No reservations are needed.

Senior News—XYZs December Event. Get into the Christmas spirit when you hear the musical extravaganza, "Christmas With Kevin and Bethany Paige" at the Bartlett Performing Arts and Conference Center on Friday, December 2. We depart at 6:45 p.m., and the cost is \$15 per person. Call Luci Cromer, 755-0803, Louise McGhee, 755-3463, or Gretchen Blair, 755-0797, to make reservations before Friday, October 28. Because this concert is already sold out to the public, please note the very early payment deadline.

Senior Expo. Plan on spending an hour or two at the Senior Expo at the Germantown Athletic Club, located at the corner of Neshoba and Exeter. There will be FREE health screenings, informational booths, demonstrations, great door prizes, and free refreshments. Be sure to visit Booth #7, our church booth. Admission is free!

Prayer Concerns

A complete list of prayer concerns list is available at the Information Center and outside the sanctuary. To submit a prayer request, call Linda Terrell at 754-7216 or email lterrell@germantownumc.org. In the event of an after-hours emergency, pastoral help is available. Call our Emergency Pastoral Care number at 901-412-5776.

In Deepest Sympathy

Mary Catherine Wintz, mother of Renee Abel; grandmother of Katie (J.D.) Graffam, October 11

Virginia "Virgie" Taylor – grandmother of Cyndi (Curtis) Meade; great grandmother of DeAnn Williams, October 9

David Brandon, brother-in-law of Richard and Pat Smith, October 6

Fisher Williams, father and father-in-law of Pam and Joe Penn,

October 7

Jona Jacobsen, sister and sister-in-law of Kris and Mary Hansen;

aunt of Karl Hansen, September 30

In Hospital or Care Facility

Betty Genkinger

Congregational Concerns

Tom Ashworth, Richard (Dick) Benson, Max Burns, Mary Carpenter, Mina Elliot, Jamie Fiser, DeWayne Hawkins, Reggie Houze, Kimberly Jessop, Elizabeth Johnson, Ruth S. King, Saja Mason, Joe Penn, Dawson Pitts, Fred Smith, Dan Stockel, and Myra Thomas



MINISTRY EVENTS

Germantown United Methodist Church

October 16, 2011

Announcements

A Night of Improv. Purchase your tickets now for the ACTS Youth Ministry fundraiser to be held at 7 p.m. on Friday, November 11 at the Owings Life Enrichment Center. Cost is \$10 for adults and \$7 for seniors (60+), and children under 12. Cost includes the show and famous dessert pizzas made by Steve Gibson. Tickets are on sale Sunday mornings in the Fellowship Hall or purchase online at germantownumc.org.

McKendree District Laity Celebration. On Sunday, November 13, at 2:30 p.m. in our sanctuary, the McKendree District will honor an Unsung Heroine/Hero and present the Ernie Sigman Lifetime award. Our church may nominate one person for each of these awards. The honoree should be a faithful person from Germantown UMC who is always willing to undertake any task, but who may not always be recognized for her/his unselfish contributions. Please include a short paragraph describing why you feel this person should be nominated. You may email to Howard or Jan Johnson at hojo4136@gmail.com or leave at the Welcome Center. Deadline for nominations is October 31.

Emergency Team Training is now November 12. On Sunday, November 6, you'll note a new folder in the pew rack featuring approved Evacuation routes from the Sanctuary and Balcony in the event of a fire or severe weather. Also, strategically-located "You Are Here" signs inside each exterior door around the Sanctuary and rear of the Balcony will provide additional direction in the event of an emergency. Evacuation routes are part of a comprehensive EMERGENCY plan that includes a new EMERGENCY Team. This now-forming EMERGENCY Team will provide trained volunteers to respond to medical emergencies, fire, severe weather, intrusion and disruption. The training session has been changed to Saturday, November 12 (due to "Fall Break" conflicts) from 8:30 a.m. until 1:30 p.m. utilizing qualified instructors in the above areas. A light lunch will be served. If you have questions or would like to serve your church in this way, email Don Rhoads at drhoads@germantownumc.org. If the new training date (November 12) now makes it possible for you to serve, please let us know. We hope to see you there ...and THANKS for your interest and support!

Volunteer Opportunities

Communion for our Elderly and Homebound. The first Sunday afternoon of each month, from 1 to 3 p.m., volunteers deliver communion to our elderly and homebound members. Currently we send out about five teams on that day, and each team serves every other month. Could you commit 2-3 hours one Sunday afternoon every third month to help with this ministry? We could certainly use your help and the rewards are immeasurable in the appreciation you will receive. For more information call Beverly Rhoads at 758-6513 or email brhoads@germantownumc.org.

Caldwell-Guthrie School. Volunteers are needed on Friday, October 21 from 8 a.m.-3 p.m. to work in the Incentive Store. Do you have a few hours to help prepare popcorn or assist students as they select a prize earned for good behavior? Contact Anne Fritz at afritz@memphisbar.org, 409-3477 or Ruth King, ruthmking@bellsouth.net, 853-0511.

United Methodist Women

GUMW Roll Bake. Germantown United Methodist Women will be selling fresh baked cinnamon rolls beginning at 2 p.m. on October 31 through November 2 at the OLEC. The profits from the roll bake will help fund GUMW missions. Rolls are \$6 each. For any questions, please contact UMW President Pat Gill at jamesbo429@bellsouth.net.

November GUMW Luncheon. The next Celebration Luncheon is Tuesday, November 8 at 11:30 a.m. Thanksgiving Baskets will be collected for the United Methodist Neighborhood Centers. Register at germantownumc.org or call 754-7216 before November 3.

Congregational Care

Rev. Gail Bruno, 758-6510, gbruno@germantownumc.org
Beverly Rhoads, 754-7216, brhoads@germantownumc.org

FORWARD, our grief recovery program for those who have lost a spouse, began Thursday, October 13, and will continue through November 17. Sessions are held from 6:30-8:00 p.m. in Room 342. The sessions deal with subjects ranging from the physical aspects of grief to methods for taking charge of your new life. To register, visit germantownumc.org or contact Linda Terrell at lterrell@germantownumc.org or 754-7216.

Life Line Health Screening. Germantown UMC will host a preventive health screening event on Thursday, October 20. Life Line Screening will perform screenings for: 1) stroke; 2) atrial fibrillation; 3) abdominal aortic aneurysm; 4) peripheral arterial disease; 5) osteoporosis. They are non-invasive, painless, and take 60-90 minutes to complete. To schedule an appointment, call 1-888-653-6441 or visit lifelinescreening.com.

Children's Ministries

Janelle Crist, 758-6525, jcrist@germantownumc.org
Shelley Haines 758-6512, shaines@germantownumc.org

Elementary Grace Place. Grace Place is the Sunday School program for children in senior kindergarten through 5th grade offered from 9:40-10:40 or 11:00-12:00. Due to Fall Break, we will have combined classes and special programming today. All children gather in the Chapel for assembly, then proceed to classrooms by combined grade level groups.

"Hero Training Camp—Part 2: Bring it On!" Wednesdays: October 26, November 2 and 9 from 6:15 p.m.- 7:30 p.m. This 3-week, intensive, crash course is a continuation of Hero Training Camp Part 1, but newcomers are welcome! We'll be celebrating all the gifts that God has given us to help us change the world and make a difference for Him. Register at germantownumc.org or contact Jessica Webster at jwebster@germantownumc.org.

Fall Festival. Families and children of all ages are invited to our Fall Festival on Sunday, October 30, from 5-7 p.m. at the Owings Life Enrichment Center. We will enjoy games, crafts, goodies, music, a treat walk, inflatables, face painting and more! PLUS, we're having a Pumpkin Contest! Bring a carved/decorated pumpkin to display at the festival. Drop off your family pumpkin by 5:30 p.m. and votes will be counted at 6:30 p.m. The winner will receive a prize. Hot dogs and hamburgers will be sold to benefit Habitat for Humanity. Please consider bringing a non-perishable item to donate to the food pantry at First Works. Dress up in your favorite non-scary costume and come join the fun!

October Art Classes for Kids. Join us for some creative fall fun! All classes are held at the GUMC Cottage, and are taught by Melissa Cychowski. Masterpieces will be painted in acrylic paint on a stretched canvas. All supplies and instruction are included. To register, contact Melissa at ecychowski@comcast.net.

Dia de los Muertos: Marigolds and Calaveras. Friday, October 28; 6-8 p.m.; (Ages 9+; \$25) Students will create a painting celebrating the vibrant colors, patterns and designs associated with this Latin American tradition.

'Dem Bones. Saturday, October 29; 12:30-2 p.m.; (Ages 6+; \$25) Participants will create a fun painting of dancing skeletons under a full moon. Stresses color theory, depicting motion. 10"x 20" canvas.

Not-So-Scary Scarecrow. Saturday, October 29; 2:30-4:30 p.m.; (Ages 8+; \$25) Design your own floppy, hay-filled friend in this fun fall painting class! In this workshop, we will learn how to combine texture, color, composition, symmetry and humor in our paintings!

Missions

Guest Speaker Discusses Education. What impact does poverty have on a student? How is the culture of poverty different from ours? The Alpha Sunday School class invites you to hear Janice Crawford, executive director of New Leaders for New Schools and former executive director of Communications for Memphis City Schools, on Sunday, October 23 at 9:30 a.m. in the Fellowship Hall.

Youth Ministry

Jason Baker, 758-6515, jbaker@germantownumc.org
Lindsay Butler, 758-6516, lbutler@germantownumc.org

Element. Element, our version of United Methodist Youth Fellowship, meets on Sunday nights at the OLEC from 6-8 p.m. A snack supper is available for \$3. Element is off tonight due to Fall Break. Enjoy your break, and we'll see everyone back next Sunday, October 23 dressed in green!

Trek 2.0. At our Trek Sunday School program, youth will have donuts and fruit, then will have the option to participate in a short devotional led by Butler or Jason, or visit the Prayer Chapel where an adult volunteer will lead the students in a time of quiet reflection.

Synergy/Synago Small Groups. Are you looking to invest a little more time in your faith journey? Join us each Wednesday night for Synergy (6-8 grade) and Synago (9-12 grade) small groups. Synergy meets in the Oasis Youth Lounge from 6:25-7:25 p.m. and Synago meets at the home of Daniel and Whitney Oppenheim from 7-8:30 p.m. Synergy questions? Contact Lindsay Butler. Synago questions? Contact Jason Baker.

Destination X, October 30. Destination X is a tradition we began close to this time last year, where we take the Sunday night closest to Halloween to venture out to an unknown destination for an exciting time of fellowship and "mystery" activities. Watch for clues!

Crave Retreat, November 4-6. Register at germantownumc.org for our annual Crave Retreat to be held November 4-6 at Victory Ranch! Our friend Addison Shock from SIFAT (Servants in Faith and Technology) will be our retreat speaker, and Ty Garvey will lead us in worship through song. Victory Ranch is one of the top high adventure campuses in the nation, so we hope you'll join us for great food, games, worship, high adventure, and fellowship! Questions? Contact Jason Baker.

United Methodist Men

Men's Roundtable Breakfast. On Saturday, October 29 at 8:30 a.m., we will host the McKendree District UMC Men's Roundtable Breakfast. Our speaker will be Charles Gilliland, President of McKendree District UMM and Vice-President of Memphis Conference UMM. Register at germantownumc.org or call 754-7216.