

Older Adults

These events are for everyone—singles and couples. Our activities are open to all adults age 55 and older regardless of church membership

November Brown Bag Lunch Series. Jimmy Ogle, life-long Memphian and Memphis history expert, will take us on a visual tour of “Memphis Memorials.” This presentation will be Friday, November 4, in the Fellowship Hall. The program starts at 11 a.m. with lunch at noon. Bring your own sack lunch; the church will supply the beverages. Call Luci Cromer, 755-0803, for more information. No reservations are needed.

Senior Expo. Plan on spending an hour or two at the Senior Expo at the Germantown Athletic Club on Thursday, November 3. There will be FREE health screenings, informational booths, demonstrations, door prizes, and refreshments. Be sure to visit Booth #7, our church booth.

Health & Recreation Ministries

Tiffany Griffin, 753-3100, tgriffin@germantownumc.org
Patrick Peavy (sports), 753-3100, ppeavy@germantownumc.org

GUMC Youth Basketball Begins Next Month! We’re looking forward to a great season! Registration ended October 21. All practices are held in the OLEC gym and games are played in local churches in Shelby County. Kindergarten teams are co-ed and begin in January. Kindergarten games are played on Sunday afternoons. 1st-12th grade teams are divided by gender and play on Saturdays starting December 3. Questions? Contact Patrick Peavy.

- **November OLEC Special!** Buy a 10-punch card for \$40 and receive two free passes to the one of the following classes: Zumba, Zumba Gold, 20/20/20, Yoga
- **Zumba Gold** is a class designed specifically for seniors or those who want to get back into shape. Ditch the workout and join the party with this low-impact dance class while you move to Latin rhythms!
- **Zumba** is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that’s moving millions of people toward joy and health.
- **20/20/20.** Work the entire body by devoting 20 minutes to cardio like step, kickboxing or Zumba, 20 to toning and 20 to abdominal/stretching work.
- **Yoga.** In a flowing sequence of traditional poses come find the edge you’ve been looking for. Using movement with breath, increase your strength, coordination, concentration, and body awareness while calming your mind and reducing stress.

- **Weight Training Seminar 101 for Seniors.** Tuesday, November 1, at 1:30-2:45 p.m. You will learn all the in’s and out’s of the weight room so you may continue on by yourself and perform easy exercises on your own. Call the OLEC at 753-3100 and speak with Tiffany Griffin or Judy Oros at 336-8639 to reserve your spot. The cost is \$10 for the session.

- **Kickboxing is now TBC** (Total Body Conditioning.) The workout you don’t want to miss – fabulous music, total body strength and toning utilizing bands, dumbbells, stability balls and mat work, cardio dance and kickboxing transitions! Taught by Memphis personal training coach Jack Douglas. Tuesday and Thursday nights from 6-7 p.m. in the OLEC dance studio.
- **Class time Change – CORE FITNESS** which was on Thursday evenings at 7:05 is now Thursday mornings at 10:45 in the cycling room!

Stephen Ministry

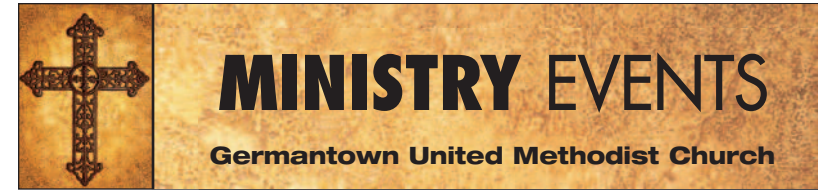
Stressed? Feeling Down? Need Encouragement? Stephen Ministers don’t just provide care for people experiencing a major crisis. They also provide care and support for people weighed down by the little things in life. If you’re feeling down, lonely, stressed or discouraged, you could benefit from the care, support, and encouragement of a Stephen Minister. It’s free. It’s confidential. And it will really make a difference in your life! Contact Rev. Gail Bruno at 754-7216 or gbruno@germantownumc.org.

Sanctuary Flowers

Flowers in the sanctuary are often placed to commemorate special occasions, remember a loved one, or serve as an offering and act of worship. The cost of helping provide flowers is now just \$50 per family, and multiple commemorations may be listed each Sunday. For more information, contact Mary Anne Gibson at 754-7216, ext. 100, or mgibson@germantownumc.org.

Prayer Concerns

A complete list of prayer concerns is available at the Information Center and outside the sanctuary. To submit a prayer request, call Linda Terrell at 754-7216 or email lterrell@germantownumc.org. In the event of an after-hours emergency, pastoral help is available. Call our Emergency Pastoral Care number at 901-412-5776.



October 30, 2011

Annual Charge/Church Conference

Wednesday, November 2, 6:15 p.m., Sanctuary

Rev. Cynthia Davis, our McKendree District Superintendent, will be leading this session. Since this is a “Church Conference,” all members of GUMC may vote on all matters presented for vote. We will receive important reports on the salaries of our appointed pastors, our Church leaders for 2012, the goals we are setting in discipleship for the next two years, etc. Choir practice will not begin until 7 p.m. so that our adult choir members may attend most or all of the session.

Announcements

Receive Daily E-Devotionals. If you would like to receive Ponderings, an e-devotional from Rev. Richard Smith sent Monday-Friday, please contact Donna Thurmond at dthurmond@germantownumc.org. The devotionals include a Scripture passage, thoughts from Richard, and questions for further reflection.

Fall Festival Tonight From 5-7 p.m. Families and children of all ages are invited to our Fall Festival on Sunday, October 30, from 5-7 p.m. at the Owings Life Enrichment Center. We will enjoy games, crafts, goodies, music, a treat walk, inflatables, face painting and more! PLUS, we’re having a Pumpkin Contest! Bring a carved/decorated pumpkin to display at the festival. Drop off your family pumpkin by 5:30 p.m. and votes will be counted at 6:30 p.m. The winner will receive a prize. Hot dogs and hamburgers will be sold to benefit Habitat for Humanity. Please consider bringing a non-perishable item to donate to the food pantry at First Works. Dress up in your favorite non-scary costume and come join the fun!

Wednesday Night Dinner. Dinner is served at 5:30 p.m. The cost is \$7 for adults and \$4 for children (ages 4-12); children 3 and younger eat free. *Menu for November 2:* Lasagna, Rotel Chicken, Italian Spinach, Italian Green Beans, Squash Casserole, Green Salad, Garlic Bread, Apple Pie, and Chocolate Pie. Fresh fruit and sugar free desserts are also served. Make your reservation by noon Tuesday at germantownumc.org or call 754-7216.

A Night of Improv. Get your tickets now for the ACTS Youth Ministry fundraiser to be held at 7 p.m. on Friday, November 11 at the Owings Life Enrichment Center. Cost is \$10 for adults and \$7 for seniors (60+), and children under 12. Cost includes the show and famous dessert pizzas made by Steve Gibson. Purchase tickets at germantownumc.org or in the Mike Wilson Fellowship Hall on Sunday mornings.

“A Second Look” at Sunday’s Sermon led by Rev. Richard Smith. Wednesdays, November 30-December 14, 6:30 p.m. (Rm 342) This is a unique opportunity to discuss the previous Sunday’s sermon and have a time for questions and discussion. No preparation is required and no reservations are required. The text and video of the sermons are posted to our website each Monday.

Holy Land Classic—June 6-18, 2012. Led by Rev. Steve Atkins, this journey through the Holy Land includes visits to Jerusalem, Bethlehem, and the Sea of Galilee. Visit www.eo.travelwithus.com for a complete description, or contact Rev. Steve Atkins at 299-2375.

Emergency Team Training November 12. On Sunday, November 6, you’ll note a new folder in the pew rack featuring approved evacuation routes from the sanctuary and balcony in the event of a fire or severe weather. A Evacuation routes are part of a comprehensive EMERGENCY plan that includes a new EMERGENCY Team. A training session will be held Saturday, November 12, from 8:30 a.m.-1:30 p.m. A light lunch will be served. For more information contact Don Rhoads at drhoads@germantownumc.org.

Youth Ministry Missions Celebration. Wednesday, November 9, 6:30 p.m. During the summer of 2011, our youth participated in three mission trips. Hear their stories of serving the people of Appalachia and the Binghampton neighborhood of Memphis and learn about their experience in a simulated third world country. Dinner will be served in the Fellowship Hall at 5:30 p.m. with the program starting at 6:30 p.m.

Thanksgiving Dinner & Advent Workshop. Wednesday, November 16, 5:30 p.m., Owings Life Enrichment Center. Our menu will consist of Turkey and Dressing, Green Beans, Mashed Potatoes, Sweet Potato Casserole, Cranberry Salad, Rolls, Pumpkin Pie, and Pecan Pie. Following dinner, everyone is invited to prepare for the Christmas season at our Advent Workshop. Prepare your Advent wreath together as a family or bring an old wreath to refurbish. Enjoy holiday refreshments, make Christmas crafts, and experience the Christmas story performed by our youth ACTS group. Sign up for dinner at germantownumc.org or call 754-7216. No reservations are needed for Advent Workshop.

Holiday Fellowship for Single Adults. Memphis Conference Single Adults Ministry (MCSAM) is having an early Thanksgiving/Christmas fellowship event on November 19 in Brownsville, Tennessee. Come for a late lunch and holiday celebration with a visit to the West Tennessee Delta Heritage Center. Lunch is at 1 p.m. in Backyard Bar-be-que’s Delta Room at 703 E. Main. Cost for the holiday meal is only \$8. There will also be a holiday gift exchange afterwards, so bring a gift in the \$5 range if you wish to participate. After lunch, the group will visit the West Tennessee Delta Heritage Center. (Admission is free.) For more information contact Singles Coordinator Wendy Hopper at (731) 695-8330 or whopper@eplus.net.

United Methodist Women

Roll Bake. Germantown United Methodist Women will be selling fresh baked cinnamon rolls beginning at 2 p.m. on October 31 through November 2 at the Owings Life Enrichment Center. Profits from the roll bake will help fund the missions that Germantown United Methodist Women supports. Rolls are \$6 each. For any questions, please contact UMW President Pat Gill at jamesbo429@bellsouth.net.

November Luncheon. All women are invited to the next Celebration Luncheon on Tuesday, November 8 at 11:30 a.m. at the OLEC. Thanksgiving Baskets will be collected for the United Methodist Neighborhood Centers. Register at germantownumc.org or call 754-7216 before November 3. Featuring guest speaker is newly appointed Unified School Board member, Vanecia Kimbrow. The ladies of the Celebration Circle will be preparing a delicious lunch for just \$10 each. Make your reservations by November 2 by calling 754-7216.

Youth Ministry

Jason Baker, 758-6515, jbaker@germantownumc.org

Lindsay Butler, 758-6516, lbutler@germantownumc.org

Element. Element, our version of United Methodist Youth Fellowship, meets on Sunday nights at the OLEC from 6-8 p.m. Destination X happens tonight! We’ll meet at The Cottage (2338 Germantown Rd.) at 6 p.m. and will return at 8:30 p.m. Note the slight time change. The event is free, just show up in your best “dress tacky outfit”!

Trek 2.0. Our Trek Sunday School program now has a complete facelift! At each hour, students will have donuts and fruit, and will have the option to participate in a short devotional led by Butler or Jason, or visit the Prayer Chapel where an adult volunteer will lead the students in a time of quiet reflection. The first few weeks have been a BIG HIT! Questions? Contact Jason Baker.

Synergy/Synago Small Groups. Are you looking to invest a little more time in your faith journey? Are you craving more time with Christian friends outside of Element? Join us each Wednesday night for Synergy (6-8 grade) and Synago (9-12 grade) small groups. Synergy meets in the Oasis Youth Lounge from 6:25-7:25 p.m. and Synago meets at the home of Daniel and Whitney Oppenheim from 7-8:30 p.m. Synergy questions? Contact Lindsay Butler. Synago questions? Contact Jason Baker.

Crave Retreat, November 4-6. Register at germantownumc.org for our annual Crave Retreat to be held November 4-6 at Victory Ranch! Our friend Addison Shock from SIFAT (Servants in Faith and Technology) will be our retreat speaker, and Ty Garvey will lead us in worship through song. Deadline to register is October 31 at noon.

ACTS Improv Show, November 11. Tickets are on sale now for the first annual ACTS Improv Show! The group has been working hard this semester to guarantee you a wonderful night of entertainment! Ticket price includes the show and famous dessert pizzas by Steve Gibson. Buy your tickets at germantownumc.org, at The Welcome Center during the week, or in the Fellowship Hall on Sundays. Show time is 7 p.m.

United Methodist Men

November Men’s Breakfast. Jack Davis, Director of Development at Christ Community Health Services, will be our guest speaker on Saturday, November 12 at 8 a.m. in the Fellowship Hall. All men are invited to attend. Cost for breakfast is just \$5. Register at germantownumc.org or call 754-7216 by Thursday, November 10.

Children’s Ministries

Janelle Crist, 758-6525, jcrist@germantownumc.org

Shelley Haines 758-6512, shaines@germantownumc.org

Elementary Grace Place. Grace Place is the Sunday School program for children in senior kindergarten through 5th grade offered from 9:40-10:40 or 11:00-12:00. All children gather in the Chapel for assembly, then proceed to classrooms by grade level groups for experiential learning. As children rotate weekly through fun stations—crafts, games, science, snack, story, and video—they will become aware of God’s world through the first creation story in Genesis.

Hero Training Camp for Kids! Wednesday nights, November 2 and 9 from 6:15 p.m.- 7:30 p.m. All kids are welcome! We’ll be celebrating all the gifts that God has given us to help us change the world and make a difference for Him. For more information contact Jessica Webster jwebster@germantownumc.org.