

## Health & Recreation Ministries

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**Save the Date!** The Christmas Creativity and Cardio Camp is coming December 19-22 from 9 a.m.-12:30 p.m. for ages 6-12. More details soon.

**December Special.** Buy a \$40 punch card and receive 2 free passes to one of the following classes: Senior Fitness, TBC, Pedal and Pump

**Senior Fitness:** Senior Fitness is offered weekly in the Dance Room on Tuesdays and Thursdays from 11:30-12:30 p.m. This class is easy on the joints and is therapeutic and helpful for those with joint pain, arthritis, fibromyalgia, and other joint-related disparities. Your first class is free!

**TBC (Total Body Conditioning)** The workout you don't want to miss—fabulous music, total body strength and toning utilizing bands, dumbbells, stability balls and mat work, cardio dance and kickboxing transitions! Taught by veteran personal training coach Jack Douglas. Tuesday and Thursday nights from 6-7 p.m. in the dance studio.

**Pedal and Pump:** Includes 30 minutes of cycling and 30 minutes of weight training and abs exercises. Meet upstairs in the cycling studio on Tuesdays and Thursdays at 9:30. Beginners are welcome!

**New at the OLEC!** Nite Nite Yoga: A time of exercise and relaxation for the busy man or woman. Taught by Amy Morse who is undergoing classical training in Ashtanga Vinyasa Yoga. Thursdays from 7:30-8:45 p.m. Begins December 1.

**Class Time Change.** CORE FITNESS which was on Thursday evenings at 7:05 p.m. is now Thursday mornings at 10:45 a.m. in the cycling room!

**Weight Training Seminar 101 for Seniors.** As we age, weight training becomes more important for many reasons. Weight training enables better quality of life by increasing stamina which allows us to perform everyday activities. Join us on Tuesday, December 6, from 1:30-2:45 p.m. Call the OLEC at 753-3100 and speak with Tiffany Griffin or Judy Oros at 336-8639 to reserve your spot. The cost is \$10 for the session.

**GUMC Youth Basketball** is in full swing with 16 1st-12th grade teams and three kindergarten teams for a total of 180 players! The OLEC Staff sends out a big THANK YOU to all of our dedicated parent volunteer coaches. We hope you have a great season! 1st-12th grade teams play on Saturdays starting December 3. Kindergarten basketball begins in January and games will be played on Sunday afternoons.

Saturday morning **Zumba** and **Zumba Gold** will be a combined hi/lo class until the end of the year. Class will begin at 9:30 a.m. Come at 8:30 a.m. for Yoga and stay for the Zumba party!!

## Older Adults

*These events are for everyone—singles and couples. Our activities are open to all adults age 55 and older regardless of church membership*

**Senior News—December Brown Bag Lunch Series.** Evonne Siemer will share fascinating facts about the writing of the lyrics and music when we “Name That Tune—Christmas Style.” This presentation will be Friday, December 2, in the Fellowship Hall. The program starts at 11 a.m. with lunch at noon. Bring your own sack lunch; the church will supply the beverages. Call Luci Cromer, 755-0803, for more information. No reservations are needed. There will be a crossing guard on West Street to help with overflow parking.

**Senior News—XYZs January Event!** Join us for a fascinating day when we visit Temple Israel and tour the chapel, sanctuary, and museum, featuring the Adler Judaica Collection, and eat lunch at Dan McGuinness Pub on Tuesday, January 17, 2012. We depart at 9:30 a.m., and the cost is \$3 per person plus lunch on your own. Call Luci Cromer, 755-0803, Louise McGhee, 755-3463, or Gretchen Blair, 755-0797, to make reservations before Friday, December 16.

## Prayer Concerns

A complete list of prayer concerns is available at the Information Center and outside the sanctuary. To submit a prayer request, call Linda Terrell at 754-7216 or email [lterrell@germantownumc.org](mailto:lterrell@germantownumc.org). In the event of an after-hours emergency, pastoral help is available. Call our Emergency Pastoral Care number at 901-412-5776.

## Births

Jessica and Justin Rhea—birth of twins, Wilson Oliver and Addison Olivia, November 9

## In Deepest Sympathy

Mabel Rutherford—mother of Gary (Martha) Rutherford, November 16  
Michael Lemmons—brother of Karen Lochemes, nephews Andrew and Adam Lochemes, November 15

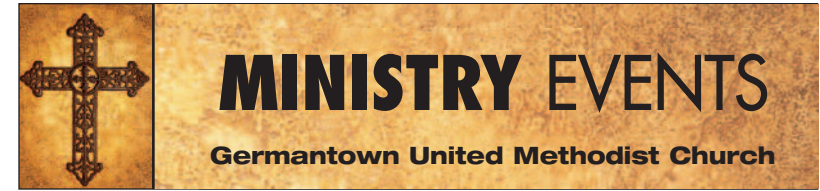
Catherine Ingram Doyle—sister of Mildred (Frank) Dyer, November 14  
Janet Whitaker—mother of Bill (Cathy) Whitaker, November 15

## In Hospital or Care Facility

Ronald Pugh, Jessie Howell

## Congregational Concerns

Richard (Dick) Benson, Nancy Blake, Mary Carpenter, Patricia Downing, Brooke Henderson, Kaymen Holley, Charlie Jennings, Kimberly Jessop, Elizabeth Johnson, Werner Neubauer, Bill Peeples and Susan Peeples, Fred Smith, Myra Thomas, and Bill Troxel.



**November 27, 2011**

**Greeters Needed.** Would you like to enhance your Sunday morning worship experience even more? Come join us in our Greeter Ministry. This is such an important part of our hospitality and only requires serving one of the services once a month. If interested, please call Rev. Julie McKenna at 754-7216 or Lee Harber at 574-2855.

**“A Second Look” at Sunday’s Sermon** led by Rev. Richard Smith. Wednesdays, November 30-December 14, 6:30 p.m. (Rm 342) This is a unique opportunity to discuss the previous Sunday’s sermon and have a time for questions and discussion. The text and video of the sermons are posted to our website each Monday.

**Church Board Meeting.** All members are welcome to attend this meeting on Monday, December 12 at 7:15 p.m. The agenda will include year-end reports from all committees and ministry teams on 2011 accomplishments and plans for the upcoming year.

**Poinsettias.** Remember to honor a loved one and help beautify our sanctuary for the Christmas season by providing funds for poinsettias. Forms are available at the Welcome Center. The deadline to order is December 12. Names will be listed in the bulletin on December 18.

The 9th annual **Cooking with Joy Dinner and Silent Auction** fundraiser hosted by the Joy Circle will be held February 11 at the Pickering Center. The event benefits Memphis Business Academy, a Memphis Charter School. Tickets are available starting December 1 for \$35 and must be purchased in advance. To purchase tickets contact Lauren Boswell at [lrboswell@bellsouth.net](mailto:lrboswell@bellsouth.net) or 848-0373.

**McKendree District Laity Celebration.** Eddie Grigg and Beth Burgess were recognized for their service to this congregation and the community at the McKendree District Laity Celebration held November 13. Eddie Grigg received the Ernie Sigman Lifetime award. This award is given to someone who has exemplified a heart of compassion and a commitment to service throughout their life and faith journey. Beth Burgess was named “Unsung Heroine for GUMC” as she faithfully serves as the kitchen coordinator and oversees volunteers each Sunday night at “Element.”

### **Alternative Christmas Market**

December 4 • 9 a.m.-12:15 p.m. – Fellowship Hall

*Buy your Christmas gifts while helping the many organizations that GUMC actively supports throughout the year.*

### **Children's Christmas Choir Concert and Plum Pudding Festival**

December 4 • 5 p.m.

### **Milk 'n Muffins With Santa**

December 10 • 9-11 a.m. – Fellowship Hall

### **Community Carol Festival**

December 11 • 5 p.m.

*The Chancel Choir and orchestra present your Christmas favorites.*

### **Blue Christmas Service**

December 13 • 6:30 p.m.

*Helping hurting people cope with the holidays.*

### **Christmas Eve Services**

– Families With Young Children • 3:30 and 4:30 p.m.

– Holy Communion • 6 and 7:30 p.m.

– Music for the Holy Night • 10:30 p.m.

– Holy Communion • 11:00 p.m.

### **Christmas Day Service**

Lessons and Carols • 10 a.m.

### **New Year's Day Services**

9:40 and 11 a.m.

## **Children's Ministries**

*Janelle Crist, 758-6525, jcrist@germantownumc.org*

*Shelley Haines 758-6512, shaines@germantownumc.org*

**Children's Room at the Alternative Christmas Market.** This year we will have a children's room stocked with fair trade items from SERRV International so that your children (through age 12), may buy a SURPRISE gift for parents, grandparents, etc. All items are made by artisans from around the globe in countries such as Israel, India, Chile, Indonesia, and El Salvador. The cost is just \$5 for each item. We will have helpers available to help your children select and wrap their presents.

**Elementary Grace Place.** Grace Place is the Sunday School program for children in senior kindergarten through 5th grade offered from 9:40-10:40 or 11:00-12:00. Today, children will meet in chapel for a brief opening assembly, then proceed to classrooms in combined groups (K-2nd and 3rd-5th) for a special Thanksgiving lesson.

**Milk 'n Muffins With Santa.** We will tell the Christmas story, have refreshments, and then enjoy a visit with Santa! See you in the Fellowship Hall on Saturday, December 10 from 9-11 a.m.

**Volunteers Needed!** We are painting the walls in room 259 (Grace Place Wing) and need extra help. All painting supplies provided; just show up in painting clothes and lend a hand! If you can offer an hour or two of your time, contact Cindy Jones at c1a21sj65@yahoo.com or 412-4980.

**Visit our Angel Tree in the Grace Place Education Hallway.** Select an angel and purchase a Christmas gift for a child in need. All gifts (toys, PJs, or coats) benefit the United Methodist Neighborhood Center in Memphis. Unwrapped gifts should be returned to Grace Place no later than December 4. Be an Angel. Help a Child.

**December Art Classes for Kids.** Contact Melissa Cychowski at ecychowski@comcast.net or 753-2071 for more information or to register. A portion of the proceeds for all December classes will be donated to Hannah's Hope (See [www.hannahs-hope.org](http://www.hannahs-hope.org)).

**"Byzantine Madonna and Child"** • December 2; 6-8 p.m.; Ages 9+; \$25

**Fruit Series, Painting 3 - "Luscious Lemons"** • December 9; 6-8 p.m.; Ages 9+; \$25

**"Pretty Printed Painted Poinsettias"** • December 10; 12:30-2 p.m.; Ages 6+; \$25

**Personalized Snowman Family** • December 16; 6-8:30 p.m.; Ages 9+; \$30

## **Missions**

**Toys Needed for Reelfoot Rural Ministries Toy Store.** Last Christmas 1,593 children from 715 families received toys through the Reelfoot Rural Ministries Toy Store. Parents pay a small amount to "buy" five new toys for each eligible child. RRM also provides 60 senior participants with a personal gift. Gifts and toys should not be wrapped and price tags should not be removed. Leave toys in either of the two big bins downstairs behind the Fellowship Hall before December 2. See [germantownumc.org](http://germantownumc.org) for a detailed list of toy suggestions.

## **Youth Ministry**

*Jason Baker, 758-6515, j baker@germantownumc.org*

*Lindsay Butler, 758-6516, lbutler@germantownumc.org*

**Element.** Element, our version of United Methodist Youth Fellowship, meets on Sunday nights at the OLEC from 6-8 p.m. A snack supper is available for \$3. See you tonight for the 2011 Turkey Bowl, our hunger and poverty awareness dodgeball tournament! There is a \$5 entry fee for

each participant, and teams must have between 7-10 players (minimum of 2 females). Awards are given for best dressed, best attitude, and overall winner! See you at 6!

**Alternative Christmas Market, December 4.** Stop by the "Youth Booth" at this year's Alternative Christmas, where there will be opportunities to pre-order the Youth Worship Band CD to give as a Christmas gift, donate to the ministry of Manna House, and purchase pottery goods as an extension of the ministry of Mountain T.O.P. (Tennessee Outreach Project) in the Cumberland Mountains. The Alternative Christmas Market is open Sunday, December 4 from 9 a.m. - 12:30 p.m. in the Fellowship Hall.

**Night Owl Ski Trip, December 30.** Mark your calendars now for our first annual Night Owl Ski Trip. Watch for the postcard with all the details in the mail this week!

**Trek 2.0.** Our Trek Sunday School program now has a complete facelift! At each hour, students will have donuts and fruit, and will have the option to participate in a short devotional led by Butler or Jason, or visit the Prayer Chapel where an adult volunteer will lead the students in a time of quiet reflection.

**Synergy/Synago Small Groups.** Are you looking to invest a little more time in your faith journey? Are you craving more time with Christian friends outside of Element? Join us each Wednesday night for Synergy (6-8 grade) and Synago (9-12 grade) small groups. Synergy meets in the Oasis Youth Lounge from 6:25-7:25 p.m. and Synago meets at the home of Daniel and Whitney Oppenheim from 7-8:30 p.m. Synergy questions? Contact Lindsay Butler. Synago questions? Contact Jason Baker.

## **United Methodist Women**

**Christmas Brunch.** Germantown United Methodist Women will host a "Christmas Bells Brunch" on Tuesday, December 13 at 10:30 a.m. in the Fellowship Hall. Entertainment will include the cast from Germantown Community Theater who will perform an act from C.S. Lewis' *The Lion, The Witch, and the Wardrobe*. A special feature of the unit meeting will be the presentation of "Membership Pins" that recognize members who have demonstrated outstanding service and leadership during the past year. Ladies are urged to deck themselves with Christmas bells and holiday colors! For reservations, call 754-7216 by noon Thursday, December 8. Child care is free if requested with reservations.